

## CPR and First Aid Certification Vancouver

CPR and First Aid Certification Kelowna - The course content or training syllabi for "Emergency First Aid" is roughly 8 hours. When recertifying, it is roughly an 8 hour class as well. The class covers CPR in addition to emergency care for shock and some other kind of life threatening situation like for example severe bleeding and anaphylaxis.

It takes around 16 hours or 2 days training to complete the "Standard First Aid" class. The recertification process takes 8 hours within a specific recurrence period. If the recertification is not taken within that time frame, the whole 16 hour course must be taken over again. These courses and policies are all designed by a federal department of the Government of Canada, Health Canada. This authorizes a training organization as a course provider of these 2 basic certificates which are needed by those particular individuals who are working in federally regulated workplaces.

Depending on the occupation and the province, workplace safety regulations and workplace standards for first aid differ. There are some jobs which are governed not by provincial workplace safety regulations but governed by federal safety regulations. These occupations consist of aviation, rail and marine industries. The trainees have to confirm with their employer as to what specific certification and training standards comply with the applicable regulatory agencies, federal and provincial.

**Emergency First Aid:** The Emergency First Aid class is an 8 hour or one whole day training program which includes mainly life-threatening situations including: bleeding, CPR and other life-threatening medical problems.

**Standard First Aid:** Standard First Aid is a 16-hour course, usually completed over 2 days that goes over the same material as Emergency First Aid and also includes training on some but not all of the following: head and neck injuries, burns, emergency childbirth, poison, stings and bites, wound treatment, how to manage eye injuries, chest injuries and multiple casualties.

The certification of CPR within Canada is broken into a variety of levels. Depending on the particular level, the individual will learn the basic one-person choking procedures and cardiopulmonary resuscitation for grown-ups. Several programs cover children and infants also. Higher-level designations also require 2 person CPR to be included. Some trainees can learn the basics of AED or automated external defibrillation, depending on provincial laws.

Level A is the lowest level of cardiopulmonary resuscitation training. In this particular course, trainees are taught how to perform cardiopulmonary resuscitation on adult victims and the standard, one-rescuer choking techniques. Level B is the next level. It includes the same procedures as Level A, but trainees learn to perform these maneuvers on kids and infants as well as grown-ups. Level C teaches the same maneuvers as Level B but trainees also learn how to do the 2 persons CPR technique.

In response to the new guidelines set up by the International Liaison Committee on Resuscitation, Level HCP or also referred to as Health Care Professional was introduced in Canada. Together with the methods included in Level C, AED to certification standards, use of the bag-valve mask and artificial resuscitation is taught. Any person who is certified with CPR-HCP is considered AED certified.